



Grilles de qualification Dames

Dames Juniors 1	Juniors 1ère Année 2009 14 ans	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France Juniors 1	Open d'Été	France N2	France Élite
	50 Nage Libre	00.32.41	00.31.45	00.31.00	00.28.58	00.28.56	00.27.78	00.26.84
	100 Nage Libre	1.11.24	1.07.88	1.06.33	1.02.33	1.02.27	1.00.14	00.58.10
	200 Nage Libre	2.35.38	2.28.50	2.24.99	2.18.25	2.16.07	2.10.93	2.06.50
	400 Nage Libre	5.25.66	5.11.46	5.04.22	4.44.84	4.44.39	4.35.88	4.26.55
	800 Nage Libre	11.08.87	10.47.12	10.20.00	9.44.60	9.44.60	9.28.20	9.08.98
	1500 Nage Libre	21.04.42	20.38.12	19.50.00	18.53.26	18.53.26	18.13.36	17.36.38
	50 Dos	00.37.98	00.35.87	00.35.33	00.32.80	00.32.65	00.31.68	00.30.61
	100 Dos	1.21.28	1.17.73	1.15.92	1.10.87	1.10.57	1.08.42	1.06.11
	200 Dos	2.54.40	2.46.97	2.43.18	2.32.41	2.31.79	2.28.96	2.23.92
	50 Brasse	00.41.15	00.39.62	00.39.02	00.36.40	00.36.33	00.35.12	00.33.04
	100 Brasse	1.31.86	1.28.01	1.26.05	1.19.66	1.19.32	1.17.17	1.14.56
	200 Brasse	3.12.81	3.08.55	3.04.43	2.51.96	2.51.75	2.47.30	2.41.64
	50 Papillon	00.34.74	00.33.41	00.32.50	00.30.47	00.30.44	00.29.36	00.28.36
	100 Papillon	1.20.27	1.16.76	1.14.97	1.08.92	1.08.81	1.05.70	1.03.48
	200 Papillon	2.59.09	2.51.52	2.47.67	2.38.79	2.38.79	2.28.29	2.23.28
	200 4 Nages	2.57.05	2.49.54	2.45.71	2.34.13	2.33.13	2.29.02	2.23.98
	400 4 Nages	6.09.78	5.59.76	5.51.15	5.27.34	5.26.85	5.16.00	5.05.32

Dames Juniors 2	Juniors 2ème Année 2008 15 ans	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France Juniors 2	Open d'Été	France N2	France Élite
	50 Nage Libre	00.31.76	00.30.85	00.30.40	00.28.01	00.27.97	00.27.78	00.26.84
	100 Nage Libre	1.09.83	1.06.63	1.05.04	1.00.53	1.00.49	1.00.14	00.58.10
	200 Nage Libre	2.32.29	2.25.55	2.22.18	2.11.86	2.11.70	2.10.93	2.06.50
	400 Nage Libre	5.19.18	5.05.26	4.98.31	4.38.87	4.38.87	4.35.88	4.26.55
	800 Nage Libre	10.55.56	10.34.23	10.10.00	9.25.59	9.25.59	9.28.20	9.08.98
	1500 Nage Libre	20.39.25	20.13.47	19.30.00	18.07.55	18.06.32	18.13.36	17.36.38
	50 Dos	00.37.22	00.35.16	00.34.64	00.31.98	00.31.80	00.31.68	00.30.61
	100 Dos	1.19.66	1.16.19	1.14.45	1.09.24	1.09.06	1.08.42	1.06.11
	200 Dos	2.50.93	2.43.65	2.40.01	2.29.09	2.29.09	2.28.96	2.23.92
	50 Brasse	00.40.33	00.38.83	00.38.26	00.35.35	00.35.26	00.35.12	00.33.04
	100 Brasse	1.30.03	1.26.26	1.24.37	1.17.08	1.17.06	1.17.17	1.14.56
	200 Brasse	3.08.97	3.04.80	3.00.85	2.48.73	2.48.51	2.47.30	2.41.64
	50 Papillon	00.34.05	00.32.75	00.32.26	00.29.58	00.29.55	00.29.36	00.28.36
	100 Papillon	1.18.68	1.15.20	1.13.62	1.06.54	1.06.42	1.05.70	1.03.48
	200 Papillon	2.55.92	2.48.11	2.44.41	2.31.16	2.30.46	2.28.29	2.23.28
	200 4 Nages	2.53.53	2.46.16	2.42.49	2.30.89	2.30.37	2.29.02	2.23.98
	400 4 Nages	6.02.42	5.52.59	5.44.32	5.15.02	5.14.98	5.16.00	5.05.32

Dames Juniors 3	Juniors 3ème Année 2007 16 ans	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France Juniors 3	Open d'Été	France N2	France Élite
	50 Nage Libre	00.31.66	00.30.77	00.30.30	00.27.71	00.27.68	00.27.78	00.26.84
	100 Nage Libre	1.09.59	1.06.44	1.04.82	00.59.91	00.59.75	1.00.14	00.58.10
	200 Nage Libre	2.31.77	2.25.12	2.21.89	2.10.84	2.10.81	2.10.93	2.06.50
	400 Nage Libre	5.18.09	5.04.37	4.97.30	4.32.62	4.32.62	4.35.88	4.26.55
	800 Nage Libre	10.53.34	10.32.39	10.04.00	9.21.58	9.21.44	9.28.20	9.08.98
	1500 Nage Libre	20.35.05	20.09.95	19.15.00	17.55.76	17.55.76	18.13.36	17.36.38
	50 Dos	00.37.10	00.35.05	00.34.52	00.31.45	00.31.35	00.31.68	00.30.61
	100 Dos	1.19.39	1.15.96	1.14.20	1.08.05	1.08.01	1.08.42	1.06.11
	200 Dos	2.50.35	2.43.18	2.39.47	2.26.81	2.26.81	2.28.96	2.23.92
	50 Brasse	00.40.19	00.38.71	00.38.13	00.34.72	00.34.72	00.35.12	00.33.04
	100 Brasse	1.29.73	1.26.01	1.24.09	1.16.43	1.16.43	1.17.17	1.14.56
	200 Brasse	3.08.33	3.04.26	3.00.21	2.45.61	2.45.61	2.47.30	2.41.64
	50 Papillon	00.33.93	00.32.65	00.32.15	00.29.17	00.29.16	00.29.36	00.28.36
	100 Papillon	1.18.41	1.15.02	1.13.27	1.05.36	1.05.36	1.05.70	1.03.48
	200 Papillon	2.54.90	2.47.62	2.43.85	2.28.41	2.27.86	2.28.29	2.23.28
	200 4 Nages	2.52.94	2.45.68	2.41.94	2.28.15	2.27.97	2.29.02	2.23.98
	400 4 Nages	6.01.19	5.51.57	5.43.16	5.12.75	5.12.75	5.16.00	5.05.32

Dames Juniors 4	Juniors 4ème Année 2006 17 ans	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France Juniors 4	Open d'Été	France N2	France Élite
	50 Nage Libre	00.31.13	00.30.26	00.29.80	00.27.33	00.27.27	00.27.78	00.26.84
	100 Nage Libre	1.08.44	1.05.34	1.03.75	00.59.19	00.59.19	1.00.14	00.58.10
	200 Nage Libre	2.29.27	2.22.73	2.19.36	2.08.60	2.08.46	2.10.93	2.06.50
	400 Nage Libre	5.12.85	4.59.35	4.52.39	4.28.39	4.27.76	4.35.88	4.26.55
	800 Nage Libre	10.42.56	10.21.97	9.59.00	9.09.94	9.09.94	9.28.20	9.08.98
	1500 Nage Libre	20.14.68	19.50.00	19.05.00	17.43.08	17.40.73	18.13.36	17.36.38
	50 Dos	00.36.49	00.34.48	00.33.95	00.31.10	00.31.06	00.31.68	00.30.61
	100 Dos	1.18.08	1.14.71	1.12.97	1.06.94	1.06.94	1.08.42	1.06.11
	200 Dos	2.47.54	2.40.49	2.36.84	2.25.64	2.25.64	2.28.96	2.23.92
	50 Brasse	00.39.53	00.38.08	00.37.50	00.34.33	00.34.33	00.35.12	00.33.04
	100 Brasse	1.28.25	1.24.59	1.22.70	1.16.04	1.16.04	1.17.17	1.14.56
	200 Brasse	3.06.23	3.01.22	2.57.26	2.43.97	2.43.97	2.47.30	2.41.64
	50 Papillon	00.33.37	00.32.11	00.31.62	00.28.72	00.28.72	00.29.36	00.28.36
	100 Papillon	1.17.12	1.13.78	1.12.06	1.04.59	1.04.59	1.05.70	1.03.48
	200 Papillon	2.52.04	2.44.86	2.41.15	2.24.20	2.24.20	2.28.29	2.23.28
	200 4 Nages	2.50.09	2.42.95	2.39.27	2.28.95	2.28.95	2.29.02	2.23.98
	400 4 Nages	5.55.23	5.45.77	5.37.50	5.08.72	5.08.72	5.16.00	5.05.32

Dames TC 18 ans et +	TC 2005 et avant 18 ans et +	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France N2	France Élite et Open d'Été
	50 Nage Libre	00.30.72	00.29.84	00.29.40	00.27.78	00.26.84
	100 Nage Libre	1.07.53	1.04.44	1.02.90	1.00.14	00.58.10
	200 Nage Libre	2.27.28	2.20.76	2.17.50	2.10.93	2.06.50
	400 Nage Libre	5.08.68	4.55.22	4.48.50	4.35.88	4.26.55
	800 Nage Libre	10.34.00	10.13.38	9.59.00	9.28.20	9.08.98
	1500 Nage Libre	19.58.50	19.33.57	19.05.00	18.13.36	17.36.38
	50 Dos	00.36.00	00.34.00	00.33.50	00.31.68	00.30.61
	100 Dos	1.17.04	1.13.68	1.12.00	1.08.42	1.06.11
	200 Dos	2.45.31	2.38.27	2.34.75	2.28.96	2.23.92
	50 Brasse	00.39.00	00.37.55	00.37.00	00.35.12	00.33.04
	100 Brasse	1.27.07	1.23.42	1.21.60	1.17.17	1.14.56
	200 Brasse	3.02.76	2.58.72	2.54.50	2.47.30	2.41.64
	50 Papillon	00.33.23	00.31.67	00.31.20	00.28.36	00.28.36
	100 Papillon	1.16.09	1.12.78	1.11.10	1.05.70	1.03.48
	200 Papillon	2.49.75	2.42.58	2.39.00	2.28.29	2.23.28
	200 4 Nages	2.47.82	2.40.70	2.37.15	2.29.02	2.23.98
	400 4 Nages	5.50.50	5.41.00	5.33.00	5.16.00	5.05.32





Grilles de qualification Messieurs

	Jeunior 1ère Année 2008 15 ans	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France Juniors 1	Open d'Été	France N2	France Élite
	Messieurs Juniors 1							
50 Nage Libre	00:28.59	00:28.19	00:27.23	00:25.84	00:25.80	00:24.44	00:23.62	
100 Nage Libre	1:03.47	1:01.26	1:00.05	00:58.40	00:56.32	00:53.25	00:51.45	
200 Nage Libre	2:22.79	2:16.17	2:11.83	2:03.32	2:03.30	1:57.39	1:53.42	
400 Nage Libre	5:06.51	4:48.08	4:43.73	4:19.17	4:19.17	4:08.94	4:00.52	
800 Nage Libre	10:07.60	9:54.47	9:38.00	8:56.13	8:56.13	8:37.19	8:19.70	
1500 Nage Libre	19:54.59	19:32.89	18:25.00	17:06.91	17:04.54	16:32.77	15:59.20	
50 Dos	00:34.07	00:33.52	00:32.44	00:29.75	00:29.88	00:27.96	00:27.01	
100 Dos	1:14.76	1:11.37	1:09.11	1:03.89	1:03.89	1:00.34	00:58.30	
200 Dos	2:44.16	2:34.79	2:32.23	2:19.06	2:19.04	2:12.77	2:08.28	
50 Brasse	00:36.88	00:36.31	00:34.83	00:32.44	00:32.42	00:30.69	00:29.65	
100 Brasse	1:22.35	1:20.28	1:18.66	1:11.83	1:11.71	1:07.56	1:05.27	
200 Brasse	3:03.26	2:57.05	2:50.35	2:36.44	2:36.44	2:29.28	2:24.24	
50 Papillon	00:31.19	00:31.03	00:29.51	00:27.57	00:27.56	00:25.96	00:25.09	
100 Papillon	1:11.44	1:09.34	1:05.97	1:01.68	1:01.64	00:57.75	00:55.79	
200 Papillon	2:44.38	2:37.74	2:32.44	2:17.95	2:17.91	2:11.88	2:07.42	
200 4 Nages	2:42.97	2:34.72	2:31.03	2:19.61	2:19.61	2:13.15	2:08.65	
400 4 Nages	5:46.62	5:29.46	5:22.03	4:57.12	4:56.87	4:44.33	4:34.71	

	Jeunior 2ème Année 2007 16 ans	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France Juniors 2	Open d'Été	France N2	France Élite
	Messieurs Juniors 2							
50 Nage Libre	00:27.80	00:27.41	00:26.48	00:25.12	00:25.12	00:24.44	00:23.62	
100 Nage Libre	1:01.72	00:59.57	00:58.39	00:54.74	00:54.70	00:53.25	00:51.45	
200 Nage Libre	2:18.84	2:12.40	2:08.18	1:59.17	1:59.13	1:57.39	1:53.42	
400 Nage Libre	4:58.04	4:40.11	4:35.82	4:13.10	4:11.53	4:08.94	4:00.52	
800 Nage Libre	9:50.80	9:38.03	9:25.00	8:43.25	8:39.49	8:37.19	8:19.70	
1500 Nage Libre	19:21.56	19:00.46	18:10.00	16:37.59	16:27.38	16:32.77	15:59.20	
50 Dos	00:33.13	00:32.59	00:31.54	00:28.32	00:28.82	00:27.96	00:27.01	
100 Dos	1:12.69	1:09.40	1:07.20	1:02.16	1:02.12	1:00.34	00:58.30	
200 Dos	2:39.62	2:30.51	2:28.02	2:15.12	2:15.12	2:12.77	2:08.28	
50 Brasse	00:35.86	00:35.31	00:33.87	00:31.47	00:31.30	00:30.69	00:29.65	
100 Brasse	1:20.07	1:18.06	1:16.49	1:08.99	1:08.99	1:07.56	1:05.27	
200 Brasse	2:58.19	2:52.15	2:45.64	2:29.68	2:29.39	2:29.28	2:24.24	
50 Papillon	00:30.33	00:30.17	00:28.70	00:26.72	00:26.71	00:25.96	00:25.09	
100 Papillon	1:09.46	1:07.43	1:04.14	00:59.46	00:59.41	00:57.75	00:55.79	
200 Papillon	2:39.83	2:33.38	2:28.23	2:14.77	2:13.90	2:11.88	2:07.42	
200 4 Nages	2:38.46	2:30.44	2:26.86	2:15.93	2:15.76	2:13.15	2:08.65	
400 4 Nages	5:37.23	5:20.35	5:13.12	4:48.11	4:47.77	4:44.33	4:34.71	

	Jeunior 3ème Année 2006 17 ans	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France Juniors 3	Open d'Été	France N2	France Élite
	Messieurs Juniors 3							
50 Nage Libre	00:27.35	00:26.97	00:26.05	00:24.62	00:24.60	00:24.44	00:23.62	
100 Nage Libre	1:00.72	00:58.61	00:57.45	00:53.68	00:53.67	00:53.25	00:51.45	
200 Nage Libre	2:16.60	2:10.27	2:06.12	1:57.16	1:57.16	1:57.39	1:53.42	
400 Nage Libre	4:53.24	4:35.60	4:31.44	4:06.12	4:05.97	4:08.94	4:00.52	
800 Nage Libre	9:41.28	9:28.72	9:15.00	8:31.04	8:29.34	8:37.19	8:19.70	
1500 Nage Libre	19:02.84	18:42.08	17:55.00	16:13.01	16:13.01	16:32.77	15:59.20	
50 Dos	00:32.59	00:32.06	00:31.04	00:28.08	00:28.08	00:27.96	00:27.01	
100 Dos	1:11.52	1:08.28	1:06.12	1:00.70	1:00.70	1:00.34	00:58.30	
200 Dos	2:37.05	2:28.08	2:25.63	2:11.69	2:11.53	2:12.77	2:08.28	
50 Brasse	00:35.28	00:34.74	00:33.32	00:30.79	00:30.79	00:30.69	00:29.65	
100 Brasse	1:18.78	1:16.80	1:15.26	1:07.27	1:07.27	1:07.56	1:05.27	
200 Brasse	2:55.32	2:49.38	2:42.97	2:27.33	2:27.33	2:29.28	2:24.24	
50 Papillon	00:29.84	00:29.69	00:28.23	00:26.05	00:26.05	00:25.96	00:25.09	
100 Papillon	1:08.34	1:06.34	1:03.11	00:58.19	00:58.19	00:57.75	00:55.79	
200 Papillon	2:37.26	2:30.80	2:25.84	2:11.64	2:11.59	2:11.88	2:07.42	
200 4 Nages	2:36.91	2:28.02	2:24.46	2:12.61	2:12.61	2:13.15	2:08.65	
400 4 Nages	5:31.89	5:15.19	5:08.08	4:42.69	4:41.99	4:44.33	4:34.71	

	Jeunior 4ème Année 2005 18 ans	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France Juniors 4	Open d'Été	France N2	France Élite
	Messieurs Juniors 4							
50 Nage Libre	00:26.08	00:26.80	00:25.70	00:24.12	00:24.12	00:24.44	00:23.62	
100 Nage Libre	00:59.90	00:57.82	00:56.68	00:52.84	00:52.73	00:53.25	00:51.45	
200 Nage Libre	2:14.76	2:08.51	2:04.42	1:55.48	1:55.32	1:57.39	1:53.42	
400 Nage Libre	4:49.28	4:31.88	4:27.78	4:02.58	4:02.53	4:08.94	4:00.52	
800 Nage Libre	9:33.44	9:21.05	9:10.00	8:25.11	8:22.29	8:37.19	8:19.70	
1500 Nage Libre	18:47.42	18:26.94	17:45.00	16:02.04	16:02.04	16:32.77	15:59.20	
50 Dos	00:32.15	00:31.63	00:30.62	00:27.69	00:27.69	00:27.96	00:27.01	
100 Dos	1:10.55	1:07.36	1:05.23	00:59.70	00:59.70	1:00.34	00:58.30	
200 Dos	2:34.83	2:26.08	2:23.67	2:10.64	2:10.64	2:12.77	2:08.28	
50 Brasse	00:34.81	00:34.27	00:32.87	00:30.10	00:30.10	00:30.69	00:29.65	
100 Brasse	1:17.72	1:15.77	1:14.24	1:06.34	1:06.10	1:07.56	1:05.27	
200 Brasse	2:52.95	2:47.10	2:40.77	2:26.62	2:26.56	2:29.28	2:24.24	
50 Papillon	00:29.44	00:29.29	00:27.85	00:25.55	00:25.55	00:25.96	00:25.09	
100 Papillon	1:07.42	1:05.44	1:02.26	00:57.14	00:57.14	00:57.75	00:55.79	
200 Papillon	2:35.14	2:28.87	2:23.87	2:09.44	2:08.76	2:11.88	2:07.42	
200 4 Nages	2:33.90	2:26.02	2:22.54	2:10.50	2:10.50	2:13.15	2:08.65	
400 4 Nages	5:27.32	5:10.94	5:03.92	4:39.07	4:39.07	4:44.33	4:34.71	

	TC 2004 et avant 19 ans et +	Meeting Ligue Préparation (MRL)	Meeting Ligue Qualification (MRL)	Championnats de Ligue AURA	France N2	France Élite et Open d'Été
	Messieurs TC 19 ans et +					
50 Nage Libre	00:26.35	00:26.98	00:25.10	00:24.44	00:24.44	00:23.62
100 Nage Libre	00:58.50	0:56.46	00:55.35	00:53.25	00:53.25	00:51.45
200 Nage Libre	2:11.80	2:05.50	2:01.50	1:57.39	1:57.39	1:53.42
400 Nage Libre	4:42.50	4:25.51	4:21.50	4:08.94	4:08.94	4:00.52
800 Nage Libre	9:20.00	9:07.90	8:55.00	8:37.19	8:37.19	8:19.70
1500 Nage Libre	18:21.00	18:01.00	17:35.00	16:32.77	16:32.77	15:59.20
50 Dos	00:31.40	00:30.89	00:29.90	00:27.96	00:27.96	00:27.01
100 Dos	1:08.80	1:05.78	1:03.70	1:00.34	1:00.34	00:58.30
200 Dos	2:31.30	2:22.66	2:20.30	2:12.77	2:12.77	2:08.28
50 Brasse	00:33.99	00:33.47	00:32.10	00:30.69	00:30.69	00:29.65
100 Brasse	1:15.80	1:13.99	1:12.50	1:07.56	1:07.56	1:05.27
200 Brasse	2:48.80	2:43.18	2:37.00	2:29.28	2:29.28	2:24.24
50 Papillon	00:28.75	00:28.60	00:27.20	00:25.96	00:25.96	00:25.09
100 Papillon	1:05.84	1:03.81	1:00.80	00:57.75	00:57.75	00:55.79
200 Papillon	2:31.50	2:25.38	2:20.50	2:11.88	2:11.88	2:07.42
200 4 Nages	2:30.20	2:22.60	2:19.20	2:13.15	2:13.15	2:08.65
400 4 Nages	5:19.65	5:03.65	4:56.80	4:44.33	4:44.33	4:34.71

